

Thank you from Nachingwea students

“We know that you are far away but your kindness reached us here in Nachingwea.”

A heartfelt speech of thanks to all our kind donors from the students of Nachingwea Secondary School.

“GOOD morning everyone. I am very happy to stand before you today. We have just finished two days of learning how to make reusable sanitary pads. I want to say a big thank you to all of you who made this possible.

“First, I want to thank the Link DARE Women’s Group from the bottom of my heart. You came to our school and taught us with so much patience.



Our guest of honor Madam Agatha Issaya Mtepeka (MP’s PS) greeted students/trainers

You showed us every step - from cutting the cloth to sewing the pads.

“You did not make us feel shy. Instead, you made us feel strong and capable. Now we can make our own pads and we can even teach our friends and sisters. Thank you for sharing your skills and your time with us.

“I also want to thank the Stapleford Community for sponsoring the training. Without your money and your care, we could not have had these two wonderful days. You paid for all the materials – the cloth, the needles, the thread and the soap. You also provided snacks and transport for our teachers. We know that you are far away but your kindness reached us here in Nachingwea. We are very grateful for your generosity.

“This training means a lot to us girls. Now we do not have to worry about missing school during our monthly periods. We can make pads that are cheap, clean and can be used again and again. This helps us stay healthy

and in class. It also gives us confidence. We feel proud that we can make something useful with our own hands. This gift will help us for many years.

“Finally I want to say thank you once more to everyone. To the Link DARE Women’s Group – You are our heroes. To the Stapleford community – You are our friends. We will never forget what you have done for us. We promise to use what we learned well and to share it with others.

“May God bless you all.”

The students at Nachingwea Girls Secondary School



Head trainers walked from one group to another seeing how their instructions were followed



Trainers and trainees (their bundles of gifts up) in one photo with guest of honour

NOTES:

This speech was given to the guest of honour, Madam Agatha Issaya, at a closing celebration party. Students participated in songs to empower women which were played through a big speaker in the room and girls clapped their hands and sang those songs happily. There were one hundred

female students (trainees) of 13 to 20 years who were trained and 23 trainers from Link DARE women's group which is under St. Andrew's Anglican church, Nachingwea, Tanzania. In the two days 514 reusable pads were made.

The Link DARE Women's Group was formed by the ladies who were trained on our initial course in 2023 by a team from the NGO 'DARE Women's Foundation' based in Tanzania. Although the initial training was expensive, the results are spreading far and wide.

The girl who gave this speech learned much of her English from Kevin Bushiri, chair of the Nachingwea Link committee, who runs English courses for children before they transfer to secondary school where all lessons are taught in English. Stapleford Link supports these courses each year.

And Thank you, Waterlilies

THANK you again to Helen, Alison, Kyan and Elka, staff at Waterlilies who have continued to raise funds for our sanitary pad project to celebrate their 20th anniversary. Here they are on the morning of their 'Jailbreak' when they were locked into the shop until they had painted enough people's nails to be let out. The letter above is for all of you at Waterlilies and for all those who so kindly donated.

Thank you too to the Reverends Simon and Matt, the choir of St Andrew's, the Stapleford school choir conducted by Lucy Barlow and all who came to the service at St Andrew's to celebrate the 45th year of the Link between Stapleford and Nachingwea, Tanzania. **The Stapleford- Nachingwea Link Committee**





St Andrew
STAPLEFORD

Nachingwea

Stapleford

Join friends and families for a fundraising Christmas tea at the Pavilion on Stapleford Rec, in support of education and health projects in the village of Nachingwea, Tanzania.

Choose from a delicious selection of sandwiches, scones and cakes.

With stalls selling gifts, plants, Christmas cards and homemade jams and chutneys.

For more information please email:
nachingwealink@standrewstapleford.org

Free to attend but your donations welcomed!



Christmas tea at the Pavilion

**2-4pm Sunday
6th December**

**Festive sandwiches, scones and
cakes * Christmas cards
stalls * gifts * local produce**

