

Thank you!

THANK you to all who have been and will be knitting teddies to be sent to the children in Nachingwea. When our friends, Robert and Liz visited last year, they were saddened to see how few toys the children had and moved by the joy of the children when they received as presents just small items like tennis balls.

Thank you also to all those who took part in the Nachingwea Quiz and thanks to Jon and Nicky West for organising it and to Duncan and Justine for hosting us at the Three Horseshoes. We are delighted to say that £340 was donated for our Link projects.

Last month we thanked the *Messenger* Fund for their generous grant of £1,000. This month we would like to share with you how this money will be spent.

Training schoolgirls to make reusable sanitary pads

THE first project came as a result of the amazing success of the initial project training women from the Nachingwea community on how to make reusable sanitary pads. That project took place in 2024 and now these women are offering to train pupils from Nachingwea girls' secondary school who, considering their ages, could be their daughters.



Celebrating the completion of the Sanitary Pad Making project

The first cohort of 100 pupils will be trained to make sanitary pads, then, later this year, they will teach their fellow pupils from other classes. This project will benefit more than 600 pupils by the end of the project. These pupils will then train others when they are back at home.

Objectives

The project proposal that we received states the following objectives:

- To give the new generation the skills for making sanitary pads.
- To overcome obstacle of sending girls to school.
- To prepare these girls to be trainers to their fellow girls in the same school.
- To give them this skill as a source of income.
- To make girls feel safe and comfortable when they face their menstrual cycles.



The Sanitary Pad Making project in action

Measures of success

This project will take one month to prepare after receiving funds and training will take two days. Leaders from the Link DARE* Women's group will cooperate with Nachingwea Link committee and Nachingwea girls secondary school in preparing everything for the successful training.

Vocational Training for Boys

THIS second project was also requested by the Nachingwea committee in Tanzania. For many years we have focused on educating girls and young women, but Kevin has pointed out that boys too need help to learn skills which can lead to jobs. So the Nachingwea Committee has asked us to sponsor boys who do not continue with their education to advanced secondary schools. Instead, they can do vocational training using the

VETA** scheme which we used a few years ago to train girls and women to cook and sew.

Objectives

The project proposal that we received states the following objectives

- To equip boys with vocational training.
- Showing gender equality in action.
- Helping boys to get direct employment after training.
- Helping future fathers for income of their families with daughters and sons.

Measures of success

The training college has its own way of measuring trainees in theory and practical work. The Nachingwea Link will follow this up so they know the performance of the supported trainees.

The Stapleford Link Committee has agreed to support five boys in their first year, followed by a further five boys for their first year along with the first five boys for their second year. In this way the success of the project can be monitored year on year, by the Nachingwea committee.

These two projects will run alongside our usual commitments: sponsoring 25 girls and 10 boys for the English Course, school uniforms both for children with special needs, and girls from needy families and provision for two girls studying for science A Levels. We are also planning a project in conjunction with Nachingwea Hospital to provide a stretcher and a wheelchair.

Lent lunch

FINALLY, do come to our Lent lunch, on Monday 4 May, between 12pm and 2pm in the Jubilee Pavilion

The lunch is free but donations are welcome to help fulfil new and ongoing projects. All welcome. **Stapleford-Nachingwea Link Committee**

* *DARE is an NGO (Non-Governmental Organisation) that focuses on empowering women to help alleviate poverty.*

** *VETA is the Vocational Education and Training Authority in Tanzania, an autonomous government agency established to oversee, coordinate, promote, and provide vocational education and training.*

Nachingwea

 Stapleford



*No booking necessary.
 Free to attend but your
 donations welcomed!*

*For more information please
 email:*
**nachingwealink@
 standrewstapleford.org**

May Lunch

**Bank Holiday Monday
 May 4th 12-2pm
 Jubilee Pavilion, Stapleford Rec**

Get together with friends, family and neighbours
 and enjoy a fabulous homemade lunch in the
 Jubilee Pavilion, to support education and health
 projects in the village of Nachingwea, Tanzania.





St Andrew
 STAPLEFORD



Nachingwea

 Stapleford



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**Knit some joy for
 the children of
 Nachingwea**

Do you enjoy knitting or crocheting? Do you have some
 spare wool that could be used to make a small teddy bear
 for young children in Nachingwea, Tanzania?

Children in Nachingwea have very few - if any - toys, and
 your gift would bring lots of joy and excitement. If you think
 you could help, please email:

nachingwealink@standrewstapleford.org

Thank you!