

## Homerton College Charter Choir and Music Society at St Andrew's

Saturday 14 October



From 5pm-6pm  
Refreshments provided  
Donations welcome



*Enjoy a free and informal concert of light music for all the family in the beauty of St Andrew's Church.*

Raising funds to help with food security and education for children with special needs in Nachingwea, Tanzania



St Andrew  
STAPLEFORD

Nachingwea



## Thanksgiving Service at St Andrew's

Sunday 15 October

Do join us at St Andrew's at 10.30am for a service of celebration, thanksgiving and news.

You will be most welcome.

There will be time for coffee and a chat afterwards.

We look forward to seeing you.

## Sanitary pad update

WE introduced this project to readers in the August *Newsletter* and we are now pleased to give an update on progress.

In these photos you can see the Nachingwea ladies working alongside Maggie from the Dare Foundation ([www.darewomensfoundation.org](http://www.darewomensfoundation.org)), learning how to make washable sanitary pads. These are needed as women cannot afford to buy disposable ones so they stay off work and school when they are menstruating. If we can raise enough money, Maggie hopes to be able to train the ladies to set up their own businesses selling the pads, and so gain some financial independence.

The ladies have formed a Friendship group and meet once a week. Such friendship amongst women is not the norm in Tanzania so they have started something unique.

If you would like to contribute to this project, please email [nachingwealink@standrewstapleford.org](mailto:nachingwealink@standrewstapleford.org).

